

VERSION FROM PEOPLE WITH MBC

TO MY FRIENDS AND FAMILY MEMBERS

Many of you know of my battle with Metastatic Breast Cancer (MBC) and have expressed that you would like to do something to help. There is one important thing that you can do and that is join me in advocating for increased MBC research funding, securing vital patient protections in healthcare and helping to ensure MBC patients are counted in breast cancer registries.

I am an Advocate and State Captain for Metavivor, an organization whose purpose is to fund research and engage in public advocacy exclusively for people with MBC. There are two ways you can help.

The first is by participating in our upcoming Stage IV Stampede during the month of October. All this involves is signing up on the Metavivor web site and agreeing to contact your Members of Congress. Metavivor will provide all of the details and all of the support and information you will need. To sign up to participate in the Stage IV Stampede simply go to this web site:

**<https://donate.metavivor.org/event/stage-iv-stampede/e416664>**

The second way you can help is by joining me as a Co-Captain in our state or helping us find Co-captains in other states for the upcoming Stage IV Stampede. The responsibilities of the State Captain are to help coordinate public advocacy efforts to increase research appropriations and to provide other assistance to people with MBC. We request meetings with congressional members, meet via zoom with other advocates in our state, help organize virtual meetings with our advocates and congressional delegation and finally, help others share their story of living with or being connected to someone living with MBC. We are looking for other people who are interested in these advocacy efforts and want to make a difference as State Captain or Co-Captain. Metavivor provides training, support materials, and assistance to make this effort easier.

One challenge for state captains with MBC is that we may go through periods when we are not feeling well due to our treatments or our diagnosis. For that reason, we need help. I am reaching out to you to see if you are interested in serving as a State Co-captain along with me or if you know of others who might be willing to play this role in our state or others? The responsibilities are not difficult, and when shared, will be even easier. And, if you aren't able to join me in being a Co-Captain please do consider signing up for the Stampede.

Please let me know if you would be interested in helping out by replying to me or sending an email with your contact details to [advocacy@metavivor.org](mailto:advocacy@metavivor.org).

Sincerely,

VERSION FROM CARGIVERS/FAMILY/FRIENDS

TO MY FRIENDS AND FAMILY MEMBERS

As you know my (*insert relationship, e.g. wife, friend, etc.*) is battling Metastatic Breast Cancer (MBC) and you have expressed that you would like to do something to help. There is one important thing that you can do and that is join me in advocating for increased MBC research funding, securing vital patient protections in healthcare and helping to ensure MBC patients are counted in breast cancer registries.

I am an Advocate for Metavivor, an organization whose purpose is to fund research and engage in public advocacy exclusively for people with MBC. There are two ways you can help.

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One challenge for state captains with MBC is that many of them may go through periods when they are not feeling well due to treatments for their diagnosis. For that reason, we need help. I am reaching out to you to see if you are interested in serving as a State Co-captain along or if you know of others who might be willing to play this role in our state or others? The responsibilities are not difficult, and when shared, will be even easier. And, if you aren't able to join as a Co-Captain please do consider signing up for the Stampede.

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